

EXPAT FAMILY FLIGHT SCHOOL

Program Offering – Course Description

Expat Family Flight School (EFFS) is a program for international families to complete together. It was developed for English speaking families with children between the ages of 5-16 that have spent some time living outside of their passport country/countries. Through video lessons and offline exercises families learn more about their experience and each other over the course of 8 weeks. Parents will have a better understanding of what it means to be a Third Culture Kid and how they can support their children. The goal of the program is to develop and strengthen family bonds through a shared experience and by developing shared language. [So also weblink.](#)

What is the format?

EFFS is offered in two formats – Light & Full. Both run for 8 weeks.

Both program formats have access to on-demand video lessons and the workbook through the online platform searchie. Participants will be given access to the platform after payment has been received and the program starts. The time to complete lessons & exercises per week averages one hour but can be extended with bonus activities and deep dives, if there is interest from family members. All members of both programs are invited to the private Facebook group for online support and connection.

In the Full format of EFFS members are also invited to weekly calls with Anna Seidel, Global Mobility Trainer via Zoom. In alternating weeks the calls are “Question & Answer” format to dive deeper into the current unit or “Family Check-In” calls where families present their results and have the opportunity to connect with each other. A total of 4 Q&A and 5 Check-In calls will be offered. A maximum of 5 families will attend any call.

What is your investment?

EFFS Light is offered at 99€.

EFFS Full is offered at 499€.

Anna’s wish for this program

I believe all children have skills that can change the world for the better but they need to have a positive, affirming childhood to reach their full potential. Children growing up between cultures can be negatively affected by this experience, which may limit their growth potential. By educating parents about risks & opportunities and supporting the whole family with information and tools I hope to help mitigate risks and assist parents to raise up their powerful children, benefitting generations to come.

Sounds good? Here’s how you get in:

Please read the Terms & Conditions, below. If you agree to them, please return a signed copy to anna@globalmobilitytrainer.com and pay your fees. Once payment has been received you will receive a welcome email with all of your access codes and further information. Thank you.

EXPAT FAMILY FLIGHT SCHOOL – Terms & Conditions

Article 1 Terminology

- (a) The term ORGANIZER is used throughout this document to represent Anna C. Seidel, of Global Mobility Trainer.
- (b) CLIENT is the participant in any workshop, talk or course offered by the organizer.
- (c) SERVICES may include, but are not limited to, on-demand lessons, workbook, online talks, calls, and seminars.

Article 2 Obligations of the ORGANIZER

The ORGANIZER does not promise any results. She is only obligated to deliver the ordered services. The ORGANIZER is entitled to provide the services through qualified third parties (employees, subcontractors, platforms).

Expat Family Flight School consists of on-demand lessons, workbooks and printables and runs for 8 weeks. Support is offered through a private Facebook group to all CLIENTS. For CLIENTS of the Full program (see above), 9 live video calls are offered at times convenient to most participants.

Article 3 Course Participation, Duration and Delivery

- (a) Each agreement regarding the participation in the SERVICES is the responsibility of the participant. By paying for or participating in the any of the organizer's services, the participant automatically agrees to the Terms & Conditions.
- (b) The contract starts with receipt of payment by ORGANIZER and ends after 8 weeks.
- (c) Course materials are delivered online via a membership platform (e.g. Facebook Guides, searchie).
- (d) Live calls will be held online using a video call service (e.g. Skype, Zoom, Wonder)

Article 4 Fees and Payment

- (a) The ORGANIZER is entitled to charge full fees for the participation in all services and the provision of documents upon conclusion of this Agreement.
- (b) Payment of the fees is due before the service commences to reserve the CLIENT's place in the service. Cost for Expat Family Flight School Lite is 99€. Cost for Expat Family Flight School Full is 499€. Payment can be made by bank transfer or PayPal.

Anna Seidel
Bank: TargoBank
IBAN: DE03 3002 0900 2805 7417 05
BIC/SWIFT: CMCIDEDDXXX

OR PayPal to anna.c.seidel@gmail.com

- (c) An invoice will be issued upon receipt of payment.

- (d) All services and expenses listed in the course description (above) are included in the fee.
- (e) Once paid, there will be no refunds.

Article 5 Time and Place of Service Provision, Missed Events and Cancellation of Events

- (a) The ORGANIZER determines the time and place of the provision of services. Every attempt will be made to schedule live calls at times convenient to all CLIENTS.
- (b) If the client cannot attend the booked services, he/she has no claim to compensation or reimbursement of fees.
- (c) The ORGANIZER is entitled to cancel or postpone events for reasons for which the ORGANIZER is not responsible, in particular, if the required number of participants is not reached or in the event of illness. The client will be informed immediately. The client has no further claims against the ORGANIZERS, in particular, no claims for compensation.

Article 6 Coaching and Training

- (a) Coaching and training is a partnership (defined as an alliance, not a legal business partnership) between the Coach/Trainer and the Client. The International Coaching Federation defines coaching as "partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential."
- (b) Client is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching and/or training relationship and his/her sessions and interactions with the Coach/Trainer. As such, the Client agrees that the Coach/Trainer is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach/Trainer.
- (c) Client acknowledges that coaching and training does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that coaching is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is the Client's exclusive responsibility to seek such independent professional guidance as needed. If Client is currently under the care of a mental health professional, the client agrees to inform Coach/Trainer of this, and it is recommended that the Client promptly inform the mental health care provider of the nature and extent of the coaching relationship agreed upon by the Client and the Coach/Trainer.

Article 7 Data Protection

The personal data collected, processed and stored by the ORGANIZER will be used exclusively for the purpose of implementing this Agreement. The client can obtain information about the data stored about him/her at any time. The disclosure of such data to third parties not involved in the performance of this Agreement is excluded.

Article 8 Liability

- (a) Participation in SERVICES offered by the ORGANIZER takes place at one's own risk.
- (b) The contents of the offered services and the materials provided by the ORGANIZER are produced with the greatest care possible. However, the ORGANIZER does not warrant that the content provided is accurate, complete and up-to-date. The contents of the services, the information materials & information provided by the ORGANIZER does not constitute legal, mental health or medical advice. They are under no circumstances a substitute for a medical examination or treatment.
- (c) The limitation of liability does not apply if and to the extent that the ORGANIZER has acted with intent or gross negligence, or to damage arising from an injury to life, body or health caused by a negligent breach of duty on the part of the ORGANIZER or an intentional or negligent breach of duty on the part of a legal representative of vicarious agent.
- (d) In no event shall the ORGANIZER be liable to the CLIENT for any indirect, consequential or special damages. Notwithstanding any damages that the Client may incur, the ORGANIZER's entire liability under this Agreement, and the Client's exclusive remedy, shall be limited to the amount actually paid by the Client to the Coach under this Agreement for all SERVICES rendered through and including the termination date.

Article 9 Copyright

The ORGANIZER retains copyright to the materials and documents made available within the scope of service provision. Reproduction, duplication, publication and passing on to third parties is strictly prohibited.

Article 10 Miscellaneous

- (a) This Agreement is governed by German law.
- (b) Subsidiary agreements, amendments or additions, including cancellation of the written form requirement, must be in writing to be valid.
- (c) If this Agreement contains a lacuna or a contractual provision is or becomes invalid in whole or in part, this will not affect the validity of the Agreement as a whole. The invalid provisions will be deemed to have been replaced by a provision which reflects as closely as possible the sense and purpose intended by the parties.

Next Steps

Please read the contract above to make sure you understand the details involved in working together. It's important that everything is transparent and understood from the beginning so that we lay a solid foundation for a great working relationship. If you have any questions at all, please let me know.

Once you feel confident about everything and are ready to move forward, please complete the "Client Agreement" section below to make your acceptance official.

Contact Details for Anna Seidel – Global Mobility Trainer:

contact@globalmobilitytrainer.com

+49 176 – 42738481

Client Agreement:

I, _____ (Name), have read, understood and agree to the Agreement for Expat Family Flight School described herein.

(Signature)

(Printed Name)

(Location)

(Date)

I look forward to working with you.



Anna C. Seidel

Sindelfingen, 8 February 2022

Who is your trainer?



I'm Anna. I started my global mobility adventure at the age of four when we moved to Germany from the USA. Three kids, four continents, five countries and many expat experiences later I am now back in Germany and delighted to help you navigate your expat adventure. Whether you're new to expat life or have been around the world a few times but are feeling stuck in expat limbo, I can help you rediscover your sense of adventure, ignite curiosity about what lies ahead and move forward with purpose to help you love your expat life, wherever you are.

I grew up as a TCK, raised by a TCK parent. I've been a single expat, expat spouse without children and with kids. I've experienced repatriation twice and am raising three TCKs in a cross-cultural marriage. My daily challenges are maintaining a sense of self while meeting everyone's needs and staying connected to friends and family far and wide. Most days we do ok.

I offer transition workshops for the whole family and a coaching program designed specifically for expat spouses to help them adapt & succeed in any situation.

My professional qualifications include: Dipl.-Ing (Geodesy, TU Darmstadt), MBA (University of Strathclyde), Certified Trainer & Coach (DVCT), Licensed Practitioner of Adapt & Succeed (Sundae Bean, LLC).

Contact me!

Website: www.globalmobilitytrainer.com

Instagram: @global_mobility_trainer

LinkedIn: <https://www.linkedin.com/in/anna-seidel-expat-coach-trainer-global-mobility/>

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